



HAPPY HOLIDAY! NEWSLETTER DECEMBER 2017

IMPROVING THE STANDARDS

OF HEALTHCARE IN VIETNAM



VNHIP has now served the disadvantaged people in Vietnam for 9 years. Its mission is to improve the health and well-being of the disadvantaged people in Viet Nam through direct patient care as well as improvements in health awareness and the quality of the health services. Over these years we have grown in strength and impact. In 2017, VNHIP made a big step forward. The project "Non-communicable Disease Management" is improving the healthcare of 74,000 people. More than 2,200 ethnic minority children have access better to water, toilets and health education through the "Water, Sanitation and Hygiene" project. The project "HIV Care Saves Lives" has improved the quality of life for more than 120 children infected or affected by HIV. Our project on "Disabilities" supported 120 successful surgeries for Vietnamese with heart defects and provides physical therapy for more than 70 people with disabilities. Nothing we do is possible without your ongoing support. Thank you again for allowing us to help those in need.

HIV CARE SAVES LIVES

VNHIP has been supporting 25 children living with HIV and more than 100 children affected by HIV in Quang Nam province and Da Nang city. We help them both with the financial impact of not having a steady income and the social stigma associated with HIV by working on community and school education. We also provide support for the children to obtain needed medication. In 2017, VNHIP achieved the following:

- 70 children enjoyed a summer trip, mid-autumn festival and Tet (Vietnamese New Year)
- 9 children get monthly support for basic living needs
- 11 children received school scholarship
- 8 children received a bicycle
- 28 children improved their life-skills through participation in our training course
- 11 families got a grant for income generation
- 3 young adults got a grant for their vocational training

Scholarship for children living with HIV

You can help! 150 USD as scholarship for a child



*Anh is happy with the new study table. Thank to **Hayley Tristram's family** for their donation.*

[See Anh's flyer](#)

Anh is 10 years old, living with HIV since birth. Her mother died of HIV/AIDS in 2010. Since then, her father has developed severe depression and is unable to take care of Anh. Her grandmother has brought Anh up since she was only three years old.

Anh's grandmother is 79 years old and too unhealthy to work. It is difficult for her to secure their lives, and harder to support Anh to go to school. Their stressful month is a beginning of the new school year when Anh needs at least 2 student uniforms, a set of books, 20 notebooks and pens.

To help with their burden, VNHIP has provided Anh a scholarship, studying tables, books and a bike. Anh loves to go to school and has fun with her classmates. She dreams of becoming a doctor to help people, so that they don't get sick.

Because of the nature of HIV/AIDS, many children who are suffering from the disease have lost one or both parents and are therefore living either with extended relatives or in a foster care situation. Many of them are

often living with grandparents who are old and can't secure enough income for themselves and their grandchildren. These families need help so their children can pursue their dreams.

Other activities



Children enjoyed the summer trip, and learn about "safe first-aids" through group performance and photo-voice



Children loved the lion dance during the mid-Autumn festival. Thanks to Betula Asian Aid Foundation for its donation for this event.



Children are happy to make decision on which bike they like. The bikes are meaningful gifts and make it easier for them to go to school.

Thank **Rob Nicolson, Debbie Kingston and Ian Jones** for their donations.



Khoa got a scholarship to attend a vocational training IT to become a designer. Thanks **Melia Ho Tram at The Hamptons & Tanzanite International** for its donation to this project.



The second group of children affected by HIV enjoy the series of twelve training units on the life-skill development. Thanks to Hulza Foundation for its generous support.



Two orphaned children living with HIV who don't have any caretakers have been sent to the shelter for disadvantaged children in Ho Chi Minh city. Thanks [Betula Asian Aid Foundation](#) and Gillian Eborn for their kind support.

[Video about little Vy](#)

WASH

VNHIP works with Nam Giang authority and educational department to provide the water supply systems, toilets and implement a health educational program for 2,200 children in 20 schools.

- 650 students at 2 schools now have access to toilets. Before the project, they used the bathroom in the garden around the schools. This also contaminated the local water source of the community.
- 1,600 students now have access to 12 water supply systems provided by VNHIP for 12 schools
- VNHIP introduced innovative health education methods to promote change in the students hygiene behavior with a focus on hand washing.

Innovative promotion of hand-washing



Hand washing dance is one of the innovative health education methods for children in kindergarten. The dance is a description of 6 proper hand washing steps set to music.



The vivid paintings are designed by the students themselves and decorated on the walls of the toilet. The students make the toilet pretty and it reminds them to keep the toilet clean.

Water containers for daily activities and meal preparation for 1,600 children



Many schools in Nam Giang have no water storage system. They are all using the running water from the mountain, though this source is unstable. The schools lack water for daily activities and cooking. The water tank systems that VNHIP provided for these schools, along with electric powered pumps, provide the students and teachers a stable and adequate water supply for their daily activities, cooking and flushing the toilets. The students also now have water for the trees in the garden around the schools as well.

DISABILITIES

VNHIP's initial focus was on the health and wellbeing of disabled children in the Hoi An orphanage. Later, VNHIP extended this project to help the poor people with heart defects. To date, VNHIP has sponsored 120 successful cardiac surgeries in Central Vietnam. Another long-term commitment of VNHIP is to support the shelter in Hoi An to provide health care, physiotherapy and rehabilitation devices for more than 70 people with disabilities. VNHIP has recently worked with the schools in Quang Nam to promote access to an inclusive education for children with disabilities. Through this project, VNHIP is making a meaningful contribution to improve the quality of life of people with disabilities.



VNHIP provides scholarships to promote inclusive education for children with disabilities in the Nam Giang district. Thanks to Cecile Rose for her donation.



More than 70 people with disabilities have enjoyed physical therapy with new facilities provided by VNHIP. Thanks to Jim Orr family for their donation.

NCD MANAGEMENT

VNHIP makes effort to decrease the morbidity, disability and mortality of people suffering from NCDs in Quang Nam Province in the Central Vietnam through its following strategic approach:

- INNOVATION - Introduce innovative technologies and approaches to behavior change communication, education on self-care management, diagnosis, treatment and case management
- INTEGRATION - An integrated and holistic community-based program rather than vertical NCD interventions
- SYSTEM – Strengthen the health system toward inclusive services with standardized quality health services, and availability of affordable essential medicines and technologies
- ADVOCACY - Advocate for inclusive services and replication of the model



The project covers 10 communes with 79 villages of 74,700 people. 1,160 people attended the health centers for detection and management of hypertension and diabetes in 2017. There are a total of 674 cases of hypertension and 104 cases of diabetes undergoing management by our program.

In addition to capacity building for the health staff, VNHIP provides necessary equipment for proper detection, diagnosis and treatment of hypertension and diabetes such as blood pressure monitors, scales and blood glucose test kits. Thanks to Jim Orr family for their donation.



Dr. Joshua Solomon, the director and founder of VNHIP, was awarded a medal celebrating his contribution to the people's health by the Vietnam Minister of Health in 2017.

VNHIP partnerships with WHO to implement the project in Nam Giang and Dien Ban districts of Quang Nam province. This is the second phase of the project and is based on the results of the pilot project in which VNHIP developed and tested a protocol for the management of hypertension and diabetes.

New volunteer Rob Nicolson

"I had a long-term goal of coming to Vietnam and offering support for a health-related organization. I fell in love with VNHIP since I met its staff and the sponsored children living with HIV in Da Nang city. I'm so grateful that VNHIP has accepted me into its fold. I enjoy my time in the office with Quang, Yen and Duy, and special days with the children living with HIV and their families at the project activities such as Summer trips and Mid-Autumn Festival. I had privilege of being able to present some bicycles to the children that are foremost in my mind. I look forward to the challenge of fund raising for VNHIP, and hopefully being effective in making a difference

Thank you!

We couldn't do our work

**without your generous and
continued support**

The Maddox Foundation

Kees and Betula Foundation

Monique and Hulza foundation

Media Ho Tram William

Meister Hayley Tristram

Penny Hewitt Gillian

Eborn

The family of Jim Orr

Cecile Rose Travis

Good Sagen Wilks

Heather McKendry

Rob Nicolson Debbie

Kingston Ian Jones

Sherstin & Steve Lommatzsch Chris

Otwell & Michele Kackovic