

# Cardiac care

## Background

Every year, there are 12,000 new cases with heart defects in Vietnam. These often go unnoticed for a significant amount of time and negatively impact the quality and duration of a patient's life.

We commonly see two different types of cardiac defects – congenital and acquired. Most of our patients are very poor and, due to their heart diseases, they can't work to get enough money to pay for a surgery. In addition, the health insurance doesn't cover the cost of surgery or medication for the heart defects.

For the past 10 ten years, VNHIP has been interested in helping those with heart defects after meeting their first young patients who suffered a stroke from an untreated valvular disorder. We realized that, though the health facilities and professionals are available in Viet Nam, the poor don't have access. VNHIP developed this project to work closely with the hospitals of Da Nang and Hue cities to provide high quality care and improve the lives of the poor people with heart defects in Viet Nam.

To date VNHIP has sponsored 120 successful surgical cases, each bringing great benefits to the patients and their families. VNHIP needs your support to give more poor patients the life-saving and life-changing medicine and surgery they need.



Caring after heart surgery



**Vietnam  
Health  
Improvement  
Project**

Screening for cases of heart defect



## Goal

To provide access to the disadvantaged and poor people with structural heart defects to life-saving surgery and/or treatment.

## Approach and process

- VNHIP works closely with the hospitals in the Central Vietnam to find cases. Through this network, the hospitals refer patients to VNHIP if the patients are too poor to pay for the surgery and/or treatment.
- VNHIP works with Da Nang and Hue hospitals to make further assessment to provide counselling for the patients, and together to determine the appropriate intervention.
- If Da Nang or Hue hospital performs the surgery, VNHIP provides the financial support. If the patients need only medicine and not surgery VNHIP provides monthly medication such as the cases with severe pulmonary hypertension.



**VNHIP has sponsored over 120 successful surgeries**



**A successful surgery and a happy life**

## Target groups

The target group is the poor people from 16 years old to 45 years old who have structural cardiac defects.

## You can help!

- Fundraise for the project
- Donate for cost of medicine (600 USD a year)
- Donate for surgeries (1,000 USD a case)

## Contact us

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